

# PROGRAM LEADERS AND INSTRUCTORS IN RECREATION, SPORT AND FITNESS (NOC: 5254)



Program leaders and instructors in recreation, sport and fitness lead and instruct groups and individuals in recreational, sports, fitness or athletic programs. They are employed by community centres, sports and fitness clubs, outdoor centres, resorts, recreational facilities, health care facilities, retirement homes, correctional institutions, government departments, private businesses, tourism associations and similar establishments.

Recreation, sports and fitness program and service directors (NOC: 0513)

Recreation and sports supervisors (NOC: 4167)

Related Occupations

Other Instructors (NOC: 4216)

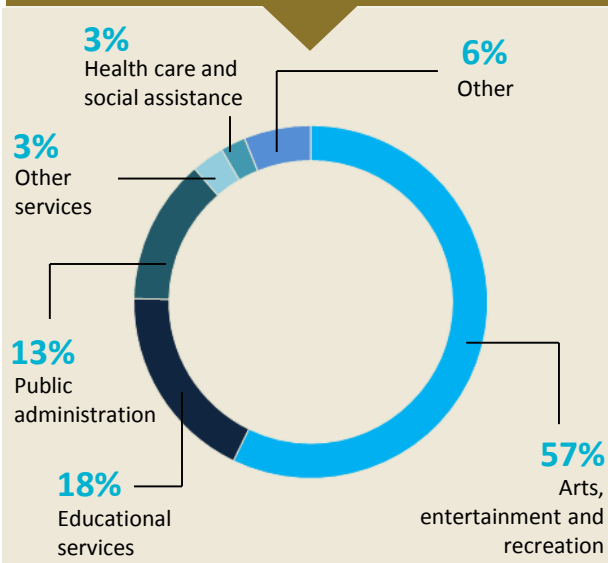
Coaches (NOC: 5252)



Completion of a **college** program or **certification** in recreation or physical education

Work Prospects (2018 - 2020): **Fair**

## Employment by Industry



## Examples of duties performed

- Plan and carry out recreational, athletic, fitness and sports activities
- Assemble supplies and sports and game equipment
- Demonstrate and instruct athletic, fitness or sports activities and techniques
- Instruct groups and individuals in arts, crafts and similar activities and lead groups and individuals in recreational or leisure programs
- Attend to clients with special needs
- Provide lifestyle awareness information.



## Sample Job Titles

Fitness appraiser

Certified personal trainer

Aerobics instructor

# 86

Job Openings  
2017-2026

# \$12.75

Median  
Wage  
(per hour)



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