

NEW BRUNSWICK LABOUR FORCE STATISTICS

DATA FOR JANUARY 2026 (RELEASED FEBRUARY 2026)

EMPLOYMENT INSURANCE ELIGIBILITY – SEASONALLY ADJUSTED

Employment Insurance Eligibility: Effective from February 8, 2026 to March 14, 2026

Employment Insurance Region	Unemployment Rate	Minimum Number of Hours of Insurable Employment	Number of Weeks of Regular Benefits (Based on Minimum Hours)
Fredericton-Moncton-Saint John	5.8%	700	14
Madawaska-Charlotte	5.9%	700	14
Restigouche-Albert	9.8%	560	20

If you're a seasonal worker, you may be eligible for 5 additional weeks of benefits

