

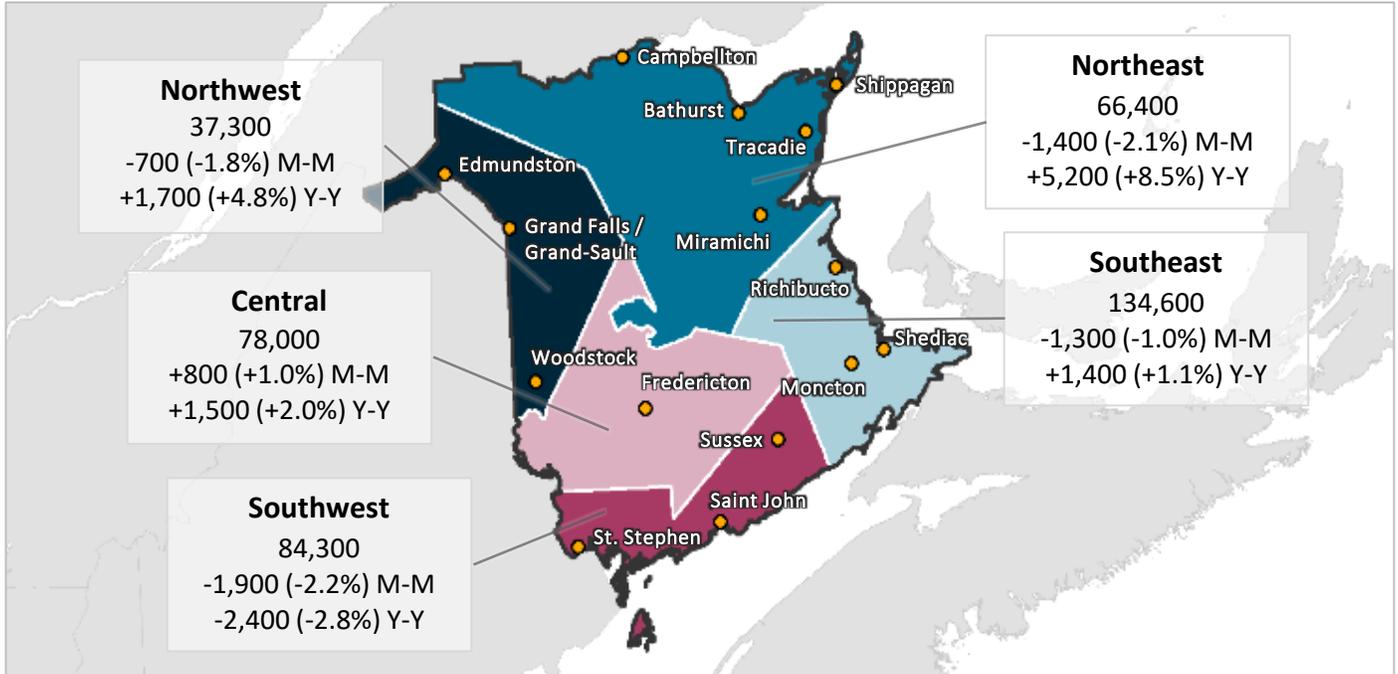
# NEW BRUNSWICK LABOUR FORCE STATISTICS

DATA FOR JANUARY 2026 (RELEASED FEBRUARY 2026)

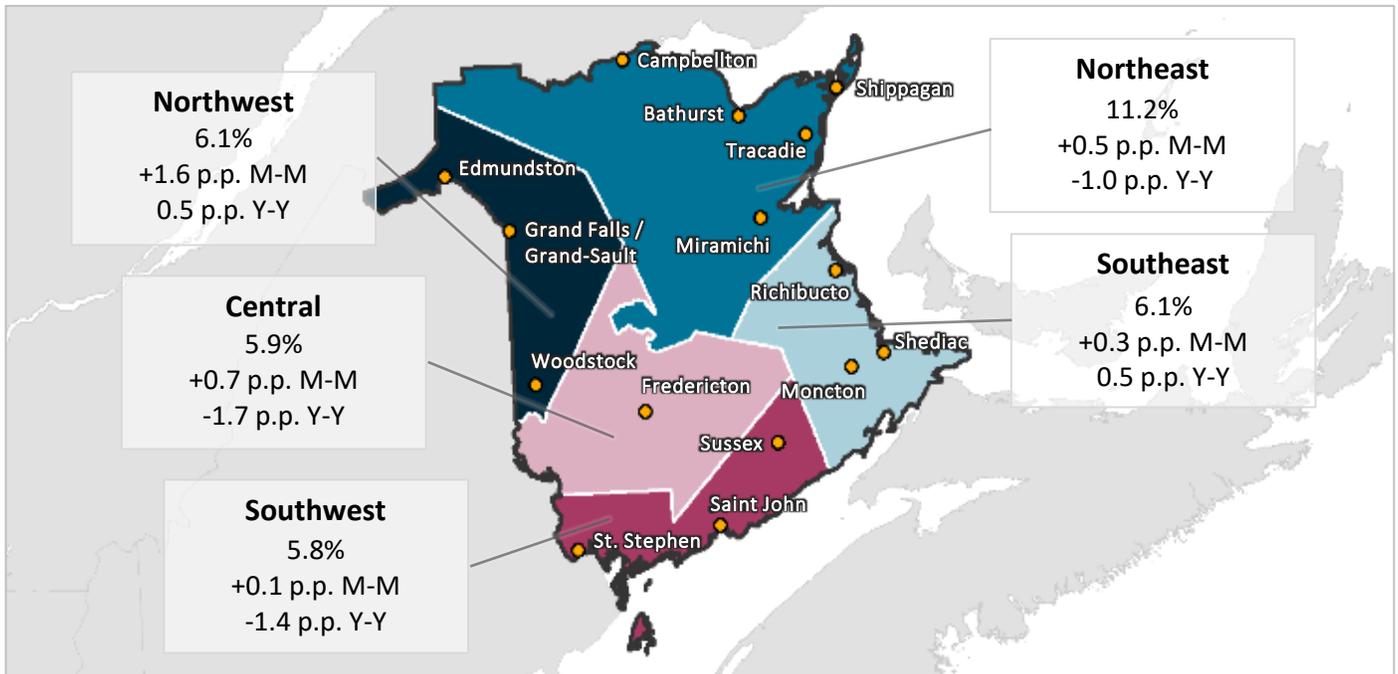
## REGIONAL OVERVIEW – 3-MONTH MOVING AVERAGES, UNADJUSTED FOR SEASONALITY

It is recommended to consider trends over the long-term

### Employment



### Unemployment Rate



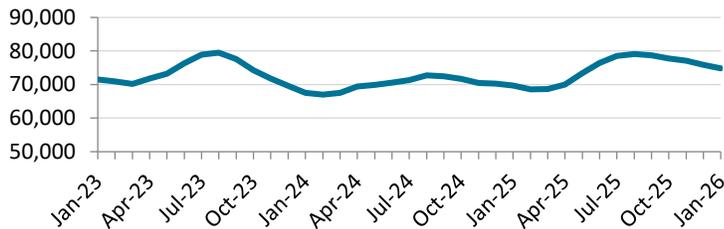
# Regional Overview - Data for January 2026 (3-Month Moving Averages, Unadjusted for Seasonality)

## NORTHEAST

It is recommended to consider trends over the long-term

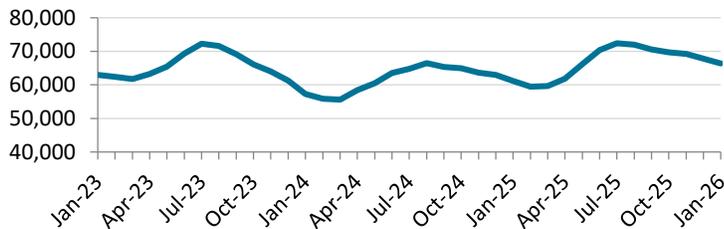
### Labour Force

**74,800** in January 2026  
**-1,100** (-1.4%) Month-over-Month  
**+5,100** (+7.3%) Year-over-Year



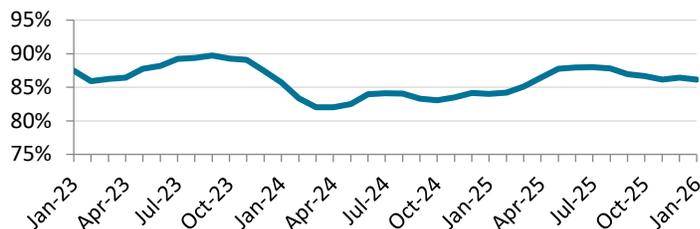
### Employment

**66,400** in January 2026  
**-1,400** (-2.1%) Month-over-Month  
**+5,200** (+8.5%) Year-over-Year



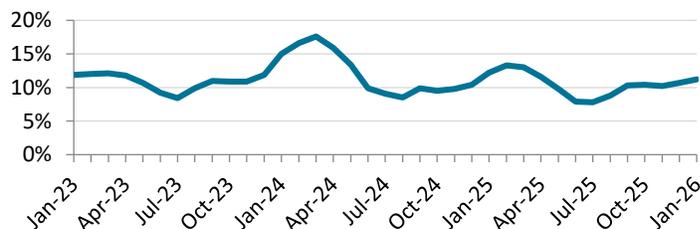
### Full-Time Employment Rate

**86.1%** in January 2026  
**-0.3 p.p.** Month-over-Month  
**+2.2 p.p.** Year-over-Year



### Unemployment Rate

**11.2%** in January 2026  
**+0.5 p.p.** Month-over-Month  
**-1.0 p.p.** Year-over-Year



### Labour Force Characteristics - Unadjusted for Seasonality, 3-Month Moving Averages (Ages 15+)

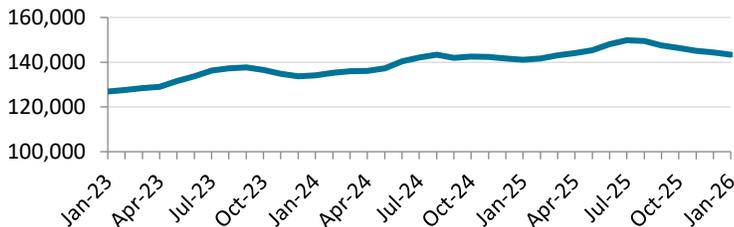
	Jan-25	Dec-25	Jan-26	M-M Change		Y-Y Change	
Working-Age Population	138,000	137,900	<b>137,900</b>	0	0.0%	-100	-0.1%
Labour Force	69,700	75,900	<b>74,800</b>	-1,100	-1.4%	+5,100	+7.3%
Employment	61,200	67,800	<b>66,400</b>	-1,400	-2.1%	+5,200	+8.5%
FT Employment	51,400	58,600	<b>57,200</b>	-1,400	-2.4%	+5,800	+11.3%
PT Employment	9,800	9,200	<b>9,200</b>	0	0.0%	-600	-6.1%
Unemployment	8,500	8,100	<b>8,400</b>	+300	+3.7%	-100	-1.2%
Participation Rate (%)	50.5%	55.0%	<b>54.2%</b>	-0.8 (pp)		+3.7 (pp)	
Employment Rate (%)	44.3%	49.2%	<b>48.2%</b>	-1.0 (pp)		+3.9 (pp)	
Unemployment Rate (%)	12.2%	10.7%	<b>11.2%</b>	+0.5 (pp)		-1.0 (pp)	

M-M = month over month. Y-Y = year over year. The dark grey lines in the charts above represents the linear trend line.

**SOUTHEAST**  
It is recommended to consider trends over the long-term

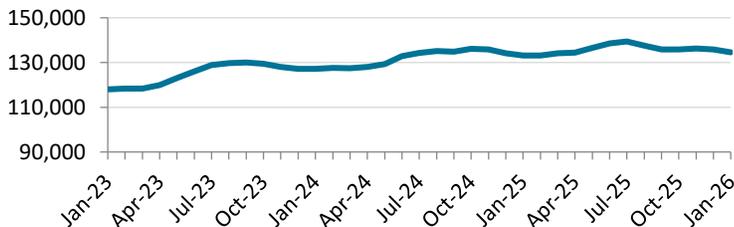
**Labour Force**

**143,300** in January 2026  
**-1,000** (-0.7%) Month-over-Month  
**+2,200** (+1.6%) Year-over-Year



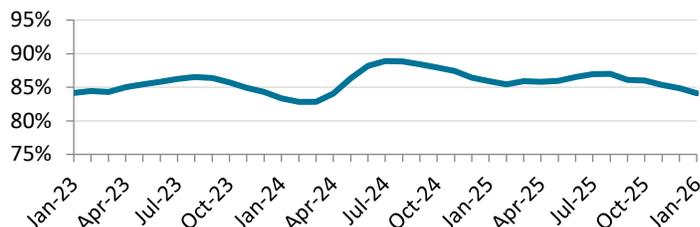
**Employment**

**134,600** in January 2026  
**-1,300** (-1.0%) Month-over-Month  
**+1,400** (+1.1%) Year-over-Year



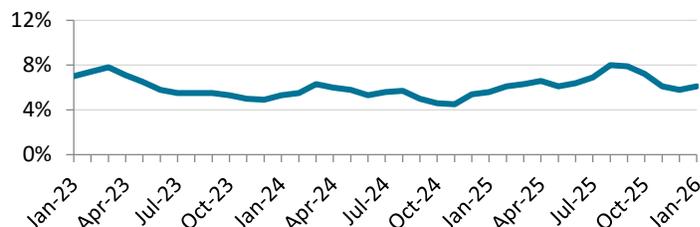
**Full-Time Employment Rate**

**84.1%** in January 2026  
**-0.7 p.p.** Month-over-Month  
**-1.8 p.p.** Year-over-Year



**Unemployment Rate**

**6.1%** in January 2026  
**+0.3 p.p.** Month-over-Month  
**+0.5 p.p.** Year-over-Year



**Labour Force Characteristics - Unadjusted for Seasonality, 3-Month Moving Averages (Ages 15+)**

	Jan-25	Dec-25	Jan-26	M-M Change		Y-Y Change	
Working-Age Population	222,600	227,000	<b>227,300</b>	+300	+0.1%	+4,700	+2.1%
Labour Force	141,100	144,300	<b>143,300</b>	-1,000	-0.7%	+2,200	+1.6%
Employment	133,200	135,900	<b>134,600</b>	-1,300	-1.0%	+1,400	+1.1%
FT Employment	114,400	115,300	<b>113,200</b>	-2,100	-1.8%	-1,200	-1.0%
PT Employment	18,800	20,500	<b>21,400</b>	+900	+4.4%	+2,600	+13.8%
Unemployment	7,900	8,400	<b>8,700</b>	+300	+3.6%	+800	+10.1%
Participation Rate (%)	63.4%	63.6%	<b>63.0%</b>	-0.6 (pp)		-0.4 (pp)	
Employment Rate (%)	59.8%	59.9%	<b>59.2%</b>	-0.7 (pp)		-0.6 (pp)	
Unemployment Rate (%)	5.6%	5.8%	<b>6.1%</b>	+0.3 (pp)		+0.5 (pp)	

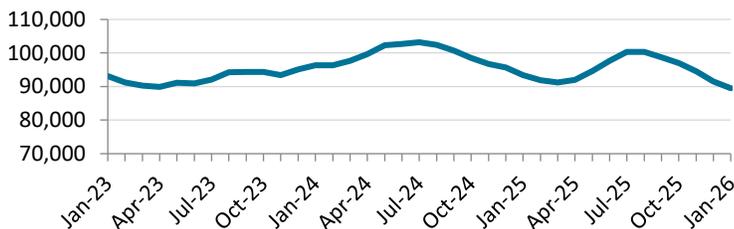
M-M = month over month. Y-Y = year over year. The dark grey lines in the charts above represents the linear trend line.

## SOUTHWEST

It is recommended to consider trends over the long-term

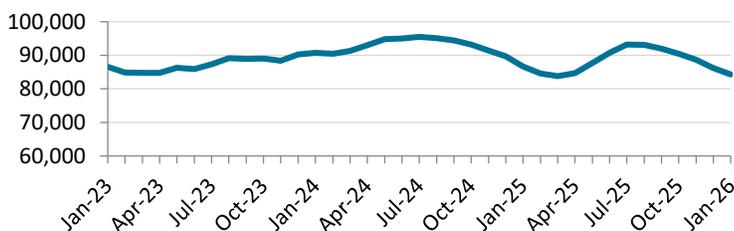
### Labour Force

**89,500** in January 2026  
**-2,000** (-2.2%) Month-over-Month  
**-3,900** (-4.2%) Year-over-Year



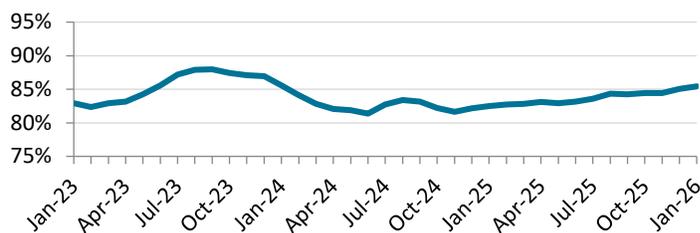
### Employment

**84,300** in January 2026  
**-1,900** (-2.2%) Month-over-Month  
**-2,400** (-2.8%) Year-over-Year



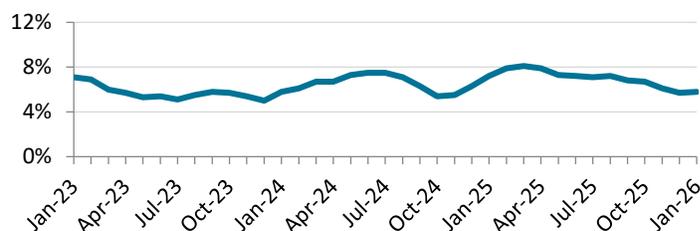
### Full-Time Employment Rate

**85.4%** in January 2026  
**+0.4 p.p.** Month-over-Month  
**+2.9 p.p.** Year-over-Year



### Unemployment Rate

**5.8%** in January 2026  
**+0.1 p.p.** Month-over-Month  
**-1.4 p.p.** Year-over-Year



### Labour Force Characteristics - Unadjusted for Seasonality, 3-Month Moving Averages (Ages 15+)

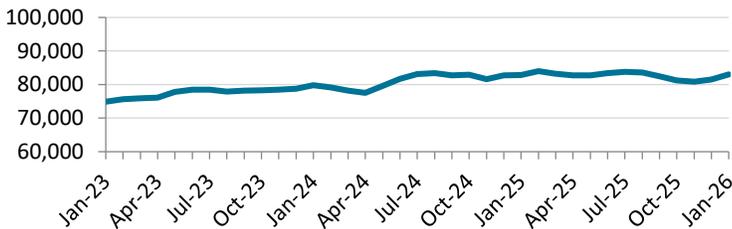
	Jan-25	Dec-25	Jan-26	M-M Change		Y-Y Change	
Working-Age Population	158,800	160,100	<b>160,200</b>	+100	+0.1%	+1,400	+0.9%
Labour Force	93,400	91,500	<b>89,500</b>	-2,000	-2.2%	-3,900	-4.2%
Employment	86,700	86,200	<b>84,300</b>	-1,900	-2.2%	-2,400	-2.8%
FT Employment	71,500	73,300	<b>72,000</b>	-1,300	-1.8%	+500	+0.7%
PT Employment	15,200	12,900	<b>12,300</b>	-600	-4.7%	-2,900	-19.1%
Unemployment	6,700	5,200	<b>5,200</b>	0	0.0%	-1,500	-22.4%
Participation Rate (%)	58.8%	57.2%	<b>55.9%</b>	-1.3 (pp)		-2.9 (pp)	
Employment Rate (%)	54.6%	53.8%	<b>52.6%</b>	-1.2 (pp)		-2.0 (pp)	
Unemployment Rate (%)	7.2%	5.7%	<b>5.8%</b>	+0.1 (pp)		-1.4 (pp)	

M-M = month over month. Y-Y = year over year. The dark grey lines in the charts above represents the linear trend line.

**CENTRAL**  
It is recommended to consider trends over the long-term

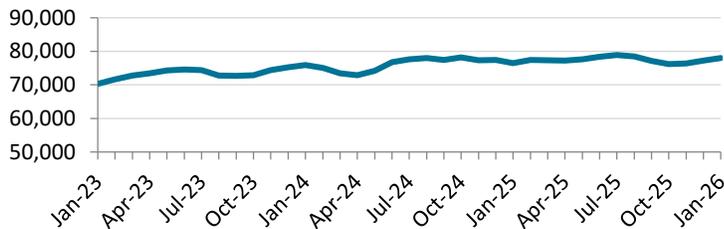
**Labour Force**

**83,000** in January 2026  
**+1,500** (+1.8%) Month-over-Month  
**+200** (+0.2%) Year-over-Year



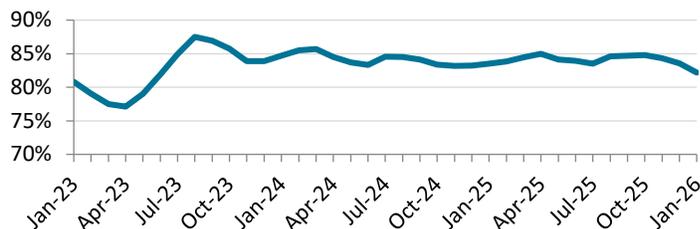
**Employment**

**78,000** in January 2026  
**+800** (+1.0%) Month-over-Month  
**+1,500** (+2.0%) Year-over-Year



**Full-Time Employment Rate**

**82.2%** in January 2026  
**-1.4 p.p.** Month-over-Month  
**-1.3 p.p.** Year-over-Year



**Unemployment Rate**

**5.9%** in January 2026  
**+0.7 p.p.** Month-over-Month  
**-1.7 p.p.** Year-over-Year



**Labour Force Characteristics - Unadjusted for Seasonality, 3-Month Moving Averages (Ages 15+)**

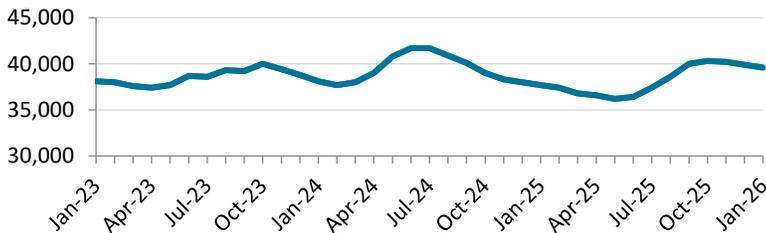
	Jan-25	Dec-25	Jan-26	M-M Change		Y-Y Change	
Working-Age Population	129,600	130,900	<b>130,900</b>	0	0.0%	+1,300	+1.0%
Labour Force	82,800	81,500	<b>83,000</b>	+1,500	+1.8%	+200	+0.2%
Employment	76,500	77,200	<b>78,000</b>	+800	+1.0%	+1,500	+2.0%
FT Employment	63,900	64,500	<b>64,100</b>	-400	-0.6%	+200	+0.3%
PT Employment	12,700	12,700	<b>13,900</b>	+1,200	+9.4%	+1,200	+9.4%
Unemployment	6,300	4,200	<b>4,900</b>	+700	+16.7%	-1,400	-22.2%
Participation Rate (%)	63.9%	62.3%	<b>63.4%</b>	+1.1 (pp)		-0.5 (pp)	
Employment Rate (%)	59.0%	59.0%	<b>59.6%</b>	+0.6 (pp)		+0.6 (pp)	
Unemployment Rate (%)	7.6%	5.2%	<b>5.9%</b>	+0.7 (pp)		-1.7 (pp)	

M-M = month over month. Y-Y = year over year. The dark grey lines in the charts above represents the linear trend line.

**NORTHWEST**  
It is recommended to consider trends over the long-term

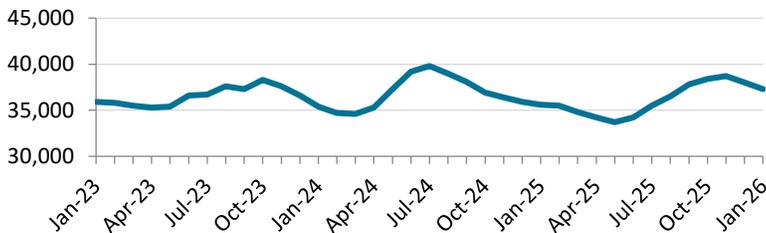
**Labour Force**

**39,600** in January 2026  
 -300 (-0.8%) Month-over-Month  
 +1,900 (+5.0%) Year-over-Year



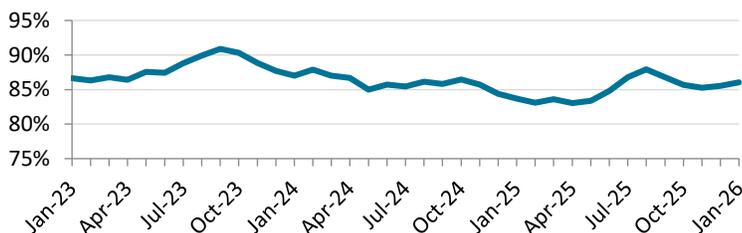
**Employment**

**37,300** in January 2026  
 -700 (-1.8%) Month-over-Month  
 +1,700 (+4.8%) Year-over-Year



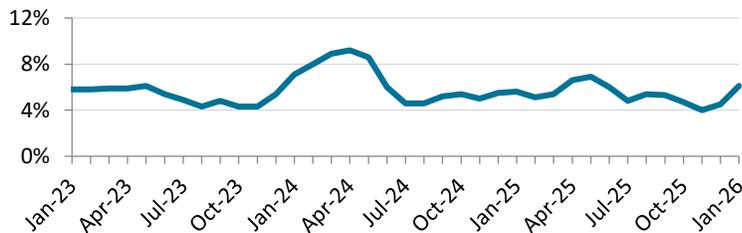
**Full-Time Employment Rate**

**86.1%** in January 2026  
 +0.5 p.p. Month-over-Month  
 +2.4 p.p. Year-over-Year



**Unemployment Rate**

**6.1%** in January 2026  
 +1.6 p.p. Month-over-Month  
 +0.5 p.p. Year-over-Year



**Labour Force Characteristics - Unadjusted for Seasonality, 3-Month Moving Averages (Ages 15+)**

	Jan-25	Dec-25	Jan-26	M-M Change		Y-Y Change	
Working-Age Population	67,600	67,900	<b>67,900</b>	0	0.0%	+300	+0.4%
Labour Force	37,700	39,900	<b>39,600</b>	-300	-0.8%	+1,900	+5.0%
Employment	35,600	38,000	<b>37,300</b>	-700	-1.8%	+1,700	+4.8%
FT Employment	29,800	32,500	<b>32,100</b>	-400	-1.2%	+2,300	+7.7%
PT Employment	5,800	5,500	<b>5,200</b>	-300	-5.5%	-600	-10.3%
Unemployment	2,100	1,800	<b>2,400</b>	+600	+33.3%	+300	+14.3%
Participation Rate (%)	55.8%	58.8%	<b>58.3%</b>	-0.5 (pp)		+2.5 (pp)	
Employment Rate (%)	52.7%	56.0%	<b>54.9%</b>	-1.1 (pp)		+2.2 (pp)	
Unemployment Rate (%)	5.6%	4.5%	<b>6.1%</b>	+1.6 (pp)		+0.5 (pp)	

M-M = month over month. Y-Y = year over year. The dark grey lines in the charts above represents the linear trend line.