

NEW BRUNSWICK LABOUR FORCE STATISTICS

DATA FOR DECEMBER 2025 (RELEASED JANUARY 2026)

EMPLOYMENT INSURANCE ELIGIBILITY – SEASONALLY ADJUSTED

Employment Insurance Eligibility: Effective from January 11, 2026 to February 7, 2026

Employment Insurance Region	Unemployment Rate	Minimum Number of Hours of Insurable Employment	Number of Weeks of Regular Benefits (Based on Minimum Hours)
Fredericton-Moncton-Saint John	6.1%	665	15
Madawaska-Charlotte	5.4%	700	14
Restigouche-Albert	10.3%	525	21

If you're a seasonal worker, you may be eligible for 5 additional weeks of benefits

