

NEW BRUNSWICK POPULATION ESTIMATES

AS OF JULY 1, 2025

Overview (July 1, 2025)

Variable	Value	Rank Among Provinces
Population	869,680	8 th
Year-over-Year Growth	+1.3% (+11,389)	6 th
Median Age	44.6 years	2 nd

Components of Population Change (July 2024 to July 2025)

Variable	Value	Rank Among Provinces (Per Capita)
Births	6,618	10 th
Deaths	8,888	3 rd
Net Interprovincial Migration	-186	5 th
Immigration	12,532	3 rd
Change in Temporary Residents	1,878	4 th
Emigration	565	9 th

Sub-Provincial Population July 1, 2024*

Region	Value (July 2024)	Year-over-Year Growth
RSC 1 (Northwest)	48,048	+2.2%
RSC 2 (Restigouche)	25,999	+0.9%
RSC 3 (Chaleur)	36,254	+1.6%
RSC 4 (Acadian Peninsula)	48,499	+0.8%
RSC 5 (Greater Miramichi)	39,673	+1.7%
RSC 6 (Kent)	38,219	+1.7%
RSC 7 (Southeast)	226,078	+4.7%
RSC 8 (Kings)	22,161	+1.8%
RSC 9 (Fundy)	139,090	+2.4%
RSC 10 (Southwest)	30,092	+1.0%
RSC 11 (Capital)	153,317	+2.6%
RSC 12 (Western Valley)	37,490	+1.2%

Interprovincial Migration to and from New Brunswick July 2024 to July 2025

Province	To N.B.	Away From N.B.	Net
Ont.	5,528	3,818	+1,710
B.C.	1,084	829	+255
N.S.	1,713	2,013	-300
Alta.	1,287	1,807	-520
Que.	1,330	2,680	-1,350
Other	1,371	1,352	+19

Interprovincial Migration by Age July 2024 to July 2025

Age Group	To N.B.	Awa From N.B.	Net
0 to 17	2,664	2,610	+54
18 to 24	1,497	1,880	-383
25 to 54	5,638	6,234	-596
55+	2,514	1,775	+739

Sources

Statistics Canada:
Annual Demographic Estimates

Note(s):
*Sub-provincial population estimates
for 2025 will be released in early-2026

Find the full report at:

NBjobs.ca