



# PROGRAM LEADERS AND INSTRUCTORS IN RECREATION, SPORT AND FITNESS

NOC 54100

Lead and instruct groups and individuals in recreational, sports, fitness, and athletic programs. Fitness appraisers conduct fitness assessments and design, develop and deliver fitness programs.



## 3-YEAR OUTLOOK



*Undetermined*

## 3-YEAR JOB OPENINGS

**94**

## MEDIAN HOURLY WAGE

**\$16.80**

\$15.90 \$25.00  
LOW HIGH

## TYPICALLY REQUIRED



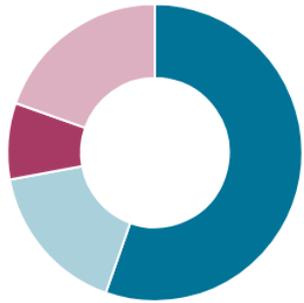
High school / on-the-job training

## EMPLOYED

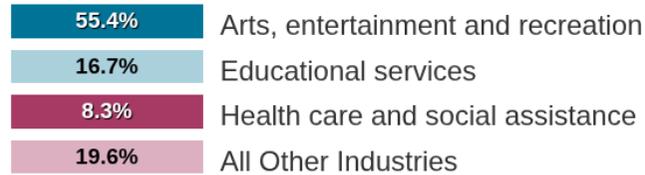
**1,319**

## AVERAGE SALARY

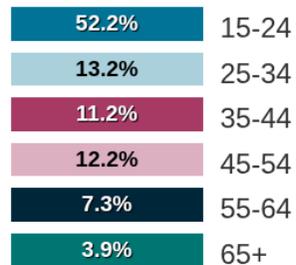
**\$43,000**



### EMPLOYMENT BY INDUSTRY



### EMPLOYMENT BY AGE



### ALSO KNOWN AS

- Aerobics Instructor
- Day Camp Leader
- Camp Counsellor
- Fitness Appraiser
- Certified Personal Trainer
- Fitness Instructor

### MAIN DUTIES:

- This group performs some or all of the following duties:
- Plan and carry out recreational, athletic, fitness and sports activities
  - Assemble supplies and sports and game equipment
  - Demonstrate and instruct athletic, fitness or sports activities and techniques
  - Instruct groups and individuals in arts, crafts and similar activities and lead groups and individuals in recreational or leisure programs
  - Attend to clients with special needs
  - Provide lifestyle awareness information
  - Conduct therapeutic recreational or athletic activities.

