

PROGRAM LEADERS AND INSTRUCTORS IN RECREATION, SPORT AND FITNESS

NOC 54100

Lead and instruct groups and individuals in recreational, sports, fitness, and athletic programs. Fitness appraisers conduct fitness assessments and design, develop and deliver fitness programs.



3-YEAR OUTLOOK

Undetermined

3-YEAR JOB OPENINGS

94

MEDIAN HOURLY WAGE

$16.80

$15.90 LOW — $25.00 HIGH

TYPICALLY REQUIRED

High school / on-the-job training

EMPLOYED

1,319

AVERAGE SALARY

$43,000



EMPLOYMENT BY INDUSTRY

55.4%	Arts, entertainment and recreation
16.7%	Educational services
8.3%	Health care and social assistance
19.6%	All Other Industries



EMPLOYMENT BY AGE

52.2%	15-24
13.2%	25-34
11.2%	35-44
12.2%	45-54
7.3%	55-64
3.9%	65+

ALSO KNOWN AS

- Aerobics Instructor
- Camp Counsellor
- Certified Personal Trainer
- Day Camp Leader
- Fitness Appraiser
- Fitness Instructor

MAIN DUTIES:

This group performs some or all of the following duties:

- Plan and carry out recreational, athletic, fitness and sports activities
- Assemble supplies and sports and game equipment
- Demonstrate and instruct athletic, fitness or sports activities and techniques
- Instruct groups and individuals in arts, crafts and similar activities and lead groups and individuals in recreational or leisure programs
- Attend to clients with special needs
- Provide lifestyle awareness information
- Conduct therapeutic recreational or athletic activities.

