



# LEADERS AND INSTRUCTORS IN RECREATION, SPORT AND FITNESS

NOC 5254: PROGRAM LEADERS AND INSTRUCTORS IN RECREATION, SPORT AND FITNESS

Lead programs and instruct groups and individuals in recreational activities, sports, and fitness; monitor activities to ensure safety and provide emergency or first aid assistance when required.

## 3 YEAR OUTLOOK



Fair

## 3 YEAR JOB OPENINGS

28

## MEDIAN HOURLY WAGE

\$13.00

\$11.70    \$20.00  
LOW            HIGH

## TYPICALLY REQUIRED



College or apprenticeship

## EMPLOYED

1,256

## MEDIAN SALARY

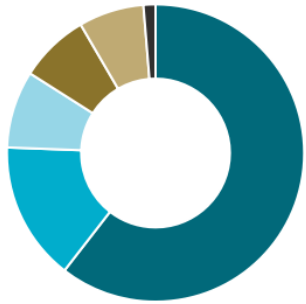
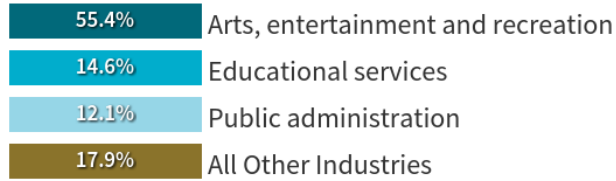
\$6,270



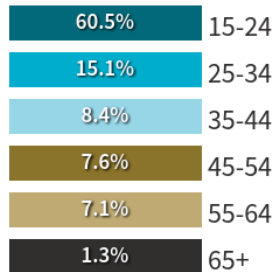
The information presented is based on data for New Brunswick. To learn more about the data provided, visit [www.nbjobs.ca/occupations](http://www.nbjobs.ca/occupations).



### EMPLOYMENT BY INDUSTRY



### EMPLOYMENT BY AGE



### MAIN DUTIES:

Program leaders and instructors in recreation, sport and fitness perform some or all of the following duties:

- Plan and carry out recreational, athletic, fitness and sports activities
- Assemble supplies and sports and game equipment
- Demonstrate and instruct athletic, fitness or sports activities and techniques
- Instruct groups and individuals in arts, crafts and similar activities and lead groups and individuals in recreational or leisure programs
- Attend to clients with special needs.

### ALSO KNOWN AS

- Aerobics Instructor
- Camp Counsellor
- Certified Personal Trainer
- Day Camp Leader
- Fitness Appraiser
- Fitness Instructor

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